

1. After the shield is on over protected area, firmly pull out all excess plastic.



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 Pull strap snugly around entire leg. (do not twist strap)

FOR EITHER ARM OR LEG FOLLOW THESE INSTRUCTIONS FOR BEST RESULTS



 Hold plastic firmly against leg with finger while wrapping with excess plastic.



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 Fold excess plastic neatly over and hold against leg.



. 5. Fasten white tab to strap.



 Attach one end of rubber sealer to strap so rubber is half on plastic and half on skin.



 Wrap rubber sealer around arm or leg with some stretch to make sure a good seal is made.



 Continue to wrap & stretch rubber sealer over itself until it is all used and then press down end tab to lock in place.

CAUTION: Plastic film coming in contact with a wet smooth surface may produce a slippery condition. Use extreme caution when using the Shower Shield product.