Technical Data Sheet

Lumbamed maternity

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1 Product description

Intended purpose

Lumbamed® maternity is a brace for stabilising the lumbar spine using pressure that can be applied at different levels.

Indications

All indications requiring stabilisation of the lumbar spine with adjustable pressure such as:

- Pain in the lumbar region during pregnancy
- Lower back pain (lumbago)

Contraindications

Inguinal hernia

Risks / Side Effects:

If the aids are too tight, this can cause local pressure sores or constriction of blood vessels or nerves. Therefore you should consult the doctor treating you before you use it if the following circumstances apply to you:

- Condition or injury of the skin in the area of application, particularly with infectious indications (excessive heat, swelling or reddening)
- Paresthesia and circulatory disorders (e.g. as seen in diabetes, varicose veins)
- Lymph drainage disorders – equally, swelling of soft tissue adjacent to the area of application which is not related to a condition

When wearing snug-fitting aids, this can result in localized skin inflammation or irritation that is due to mechanical irritation of the skin (particularly in conjunction with sweating) or due to the composition of the material.

1.1 Material composition

Knitting: polyamide, polyester, polyurethane

1.2 Presentations

size	article number	circumference waist
I	K250201	90 – 105 cm
II	K250202	106 – 120 cm
III	K250203	121 – 135 cm

1.3 Measurements

size	length*	length rods (4 pcs.)	height fastener	height back part	weight
I	115 cm	18 cm	11 cm	22,5 cm	190 g
II	132 cm	18 cm	11 cm	22,5 cm	210 g
III	148 cm	18 cm	11 cm	22,5 cm	225 g

*measurements incl. fastener

1.4 Features

- Stomach belt can be adjusted without interval and is easy to adjust to accommodate the growing stomach
- External hand loop enable the brace to be put on easily: little energy is required
- Pleasant, soft material, along with a shape that moulds to the body
- Tension straps to adjust the device to the individual

2 Safety instructions

Important notes:

This medical device is made for single patient use only. If it is used for treating more than one patient, the manufacturer's product liability will become invalid. If undue pain or an unpleasant sensation develops while you are wearing the product, please consult your doctor or orthotist immediately. Do not wear the product over open wounds and use it only as instructed by your doctor or orthotist.

Note on wearing:

Supports cause the greatest effect during physical exercise. In principal, the support can be worn all day. However, this depends on how comfortable the support is to wear. The support should be taken off for longer breaks (e.g. sitting for a long time or a long car drive, sleeping). If you suffer excessive pain or discomfort during wear, please take off the product immediately and seek medical advice. The support is also suitable for use in water. After use, please rinse out the product thoroughly.

3 Storing conditions

Keep the product in a dry place and do not expose to direct sunlight. 

4 Chemical substances

Contact with chemicals (e. g. benzole, methanol, salicylic acid in high concentrations) may have adverse actions on the effect of the product. Do not apply ointments or oils before putting on the product.

5 Care instructions

Hook and loop fasteners should be closed for washing. We recommend using a laundry bag. Soap residues, lotions and ointments can cause skin irritation and material wear.

- Wash the product by hand, preferably using medi clean washing agent.
- Do not bleach.
- Leave to dry naturally.
- Do not iron.
- Do not dry clean.



6 Packaging/Labeling

Product is sent out in folded box with CE mark und manufacturer address. Product and box labeled for clear identification and traceability.
Fitting instructions included.

7 Shelf Life

Expiration date for storage: 42 months

8 Disposal

The product can be disposed of in the domestic waste. 
Please ensure a proper and suitable disposal of the used products to prevent any risk to human beings and the environment.